

# Nirmala Convent School, Shivpuri, Bulandshahr

"Smile is a medicine, smile is a feel, smile is a satisfaction, smile is the spirit of God, smile makes our heart blessed".

## SMILE – IT ADDS TO YOUR FACE VALUE

"A smile is a curve that you throw at someone else, and it always results in a hit. A smile goes a long way, but you're the one that must start it on its journey. Your world will look brighter from behind a smile".

Think of the people around you who have great smiles. Their smiles are warm, cheerful and magnetic. How do these smiles make you feel-Happy? Hopeful? Special? A good smile is contagious to those who see it. If we all smile a little bit more, there would be more happiness in the world.

Whether you are old, young, rich or poor, all of you can smile. Your smile can turn someone's sad day into a pleasant one. It can give them hope or reassurance. It can also forge a connection between two people.

It is truly said, "Making one-person smile can change the world. May be not the whole world, but you will change their world".

Always put a smile on your face. It is a powerful weapon. It can break the ice in tough situations. It will help you to keep a proper perspective in life.

I wish that all could keep a genuine smile of happiness. I guarantee you if you do this, you will feel much better. We, as humans have been sent by God with a purpose and the mission is to serve the humanity and to spread happiness. Let the world echo with your laughter and smiles.

Bless someone's life today by just giving a smile.

"Let us always meet each other with a smile, for smile is the beginning of love".

Sr. Daisy Principal

#### VIDHYARAMBH

The Pre-Primary wing organised 'Vidhyarambh Samaroh' on 26 March 2019. Rev. Sr. Daisy, Rev. Sr. Maria welcomed Rev. Fr. Varghese Kunnath. The school principal welcomed everyone & presented the school report. A group of students amazed the guests with their marvellous performance. The 'Orientation Programme' by Rev. Fr. Varghese was truly significant. He guided the parents for bringing up the children in a positive and protective environment. The programme was concluded with a brief account of pedagogical structure in the present scenario.



#### **INVESTITURE CEREMONY**



As the tradition of the school, 'Investiture Ceremony' was held on 4April 2019. The ceremony started with the lighting of the lamp by Sr. Daisy; the principal, teacher representatives and students. Every council member was adorned with a badge and a sash, and oath was also taken by the whole council. It developed a sense of responsibility among the students towards their school.

#### **ACHIEVEMENTS**

#### Academics

Parv Bansal, Anshika and Shruti Singh secured the highest percentage (96.8), Karuna Minocha and Nandini Rana secured the second rank with 96.2% and Varunika Sharma got third rank securing 96 % marks in CBSE-2019 Class-X Board Exams. There are many more students who obtained good percentage and filled the school with pride and joy.



## **Olympiads**

Different subjects' Silver Zone Olympiads for Class I-X and Smart Kid General Knowledge Level-I Olympiad were organised during the session 2018-19, the class rank holders were awarded with medals (Gold, Silver and Bronze) and certificates during the school assembly on different dates in the month of April. The names of the second level approaching students were also announced in the school assembly.

## **Poem Writing**

A poem was composed by Lona Sharma and Sharon Obediah on topic 'Friendship' which was published in Children's World Magazine in August 2019. The two girls were awarded with story books as gift by the publication. The students were commended in the school assembly.





## **Story Writing**

Vithika Tomer of Class V-A compiled a story book of nine pages- 'My Thought My Stories'. She has written eight original stories with a moral in every story. She got it published and she was greatly admired by the students and the teachers.

#### **ORIENTATION PROGRAMME**

#### **Students' Orientation**

From 4-11 May 2019, several orientation programmes were conducted for the students of Class I- X. The students were guided by their teachers on various topics such as-honesty, good habits, personality development, positive thinking, discipline etc. The teachers asked the students to decide their goals according to their interest. The students actively participated in various activities conducted during the programme and showed their skill. The main objective of the programmes was to impart an integral education (spiritual, mental, moral, social, cultural and physical) to all students admitted to this institution.



## **Motivational Talk**

On 23 August 2019, Sr. Principal called all the students of Class IX and X (class wise) for a motivational talk. She advised the students to utilize their time properly and manage it by making a time-table. The students were also asked to focus more on their weak areas and to work hard and become active.

## **Akash Career Counselling**

Students of Class VIII, IX and X need constant guidance regarding their career. Two mentors from Akash visited the school on 27 August 2019. They interacted with the students and told them about various career options and how to choose the best option. This developed awareness of various competitive exams held in the country and other available career options.





## **Discovery School Super League Session-II**

"BYJU'S" The Learning App, organised the event in collaboration with Discovery on 13 August 2019 for Class V-IX. Participation certificates were provided to the students at the completion of the event.

## **USM MEETING**

USM prayer meetings from Class VI-X were conducted in the month of April, May, July, August and September 2019 on the allotted dates of every month in the respective class-rooms. The President, Treasurer and Secretary of every class addressed the students and discussed five paths of self-transformation. An action plan was taken every month to show their concern and strong determination for protecting the environment and conserving the nature. The students did readings from different religious scriptures and discussed on what they learnt. At the end of the meeting, the students contributed generously for 'Literate India' and gave 'Love Offerings'. The students learn that we should be kind to others and love Mother Earth.



## **TEACHERS' ORIENTATION**



## **Capacity Building Programme**

Two days Capacity Building Programme for Career Guidance was held at Jaypee Vidya Mandir University Campus, Anoopshahr on 5-6 August 2019 by CBSE. Ms. Babita Singh and Mr. Imran Suhail Ansari attended the programme. They acquired knowledge about 'The Need for Career Guidance' and 'Role of Teachers for Career Guidance'. On 20-21 August 2019, Ms. Reena Verma and Ms. Sheetal Chaudhary attended

another seminar at J.P.V. Mandir, Tomri, Aurangabad (BSR). The programme emphasised on 'Managing Stress among the Students', 'How to Cater to Different M.I. (Multiple Intelligence) of the Students', 'Ways and Means to Make Social Science Enjoyable' and 'How to Make Class Room Teaching Enjoyable'.

## **Experiential Learning**

On 19 September 2019, around eight hundred principals from various schools attended a seminar on Experiential Learning for Art Integration in all the subjects which was conducted by CBSE in Delhi Public School, Bulandshahr. Ms. Sheetal Chaudhary and Ms. Reena Verma, along with Sixteen, students of Class VII represented the school and presented a Model Class for joyful learning in Social



Science subject. It helped in enhancing the art of using new methodology in the teaching and learning process.



## **Parent Teacher Meeting**

Parent Teacher Meetings were conducted from April-September 2019. The students' parents came to visit the subject teachers of their respective wards to know about their performance in academics and their behaviour. These types of meetings develop a good rapport and understanding among the parents, teachers and students.

## A WARM WELCOME!!!

### **Sisters**

On 4 July 2019, a programme was organised during school assembly to welcome two new sisters, Rev. Sr. Rose and Rev. Sr. Priti. They were presented- with a bouquet by Rev. Sr. Maria, the manager and welcome cards by the coordinators. Sr. Rose enlightened the students and the teachers with her golden words





### Alumni (I.A.S.)

Sparsh Gupta, batch 2008 cleared the Civil Service Exam (IAS) in the year 2018. He was the award recipient by then honourable President Ms. Pratibha Patil. He was invited as a guest on 19 July 2019 in the school. His motivational speech on career making awestruck the students of our institution. He proved himself a source of inspiration to all the students.

#### Interaction with Sr. Provincial Superior

On 12 September 2019, Rev. Sr. Joyce, Provincial Superior through an intellectual interaction, enlightened the teachers in a meeting. She told about the duties and responsibilities of an ideal teacher who should be the role model for his/her students. She also stimulated the teachers to follow the path of Mother Seraphina, the foundress of CFMSS who was not only a divine person but also an epitome of true educationist.



## **CAMPAIGN**



#### **Self-Awareness**

A self-awareness campaign programme was conducted on 11 August 2019 in the school premises. Two constables provided guidelines to the girl students of Class V-X against various odd circumstances they come across and how to take care of themselves on their own or through police authorities. This was quite informative and helpful for the girls.

## **CELEBRATIONS**



#### **Institute Week**

Institute week was celebrated in the school premises from 22-30 April 2019. Different competitions were held on the theme-'Values Imbibed from Mother Seraphina's Life and Teaching'. The students participated and took great interest in the competitions – Class III and IV had 'Card Making and Book Marking', Class V and VI had 'Memorizing and writing the quotes of Mother Seraphina', Class VII and VIII had 'Calligraphy of the quotes of Mother Seraphina' and Class IX and X

had 'Speech on Mother Seraphina'. The winner students were awarded with first, second and third prize. The main motive behind celebrating this week was to commemorate the work and endeavours of our foundress, Mother Seraphina; in the field of education especially for the girl child and the underprivileged.

#### St. Clare's Feast

On 10 August 2019, Class X-B students presented a beautiful programme on the life of St. Clare. The students performed a skit showing the power of prayer. It gave a strong message of God, who is omnipotent & all powerful.





#### Janamashtmi

On 23 August 2019, Class IX- C got the golden opportunity to show the cultural and religious conception of Indians through-'Janamashtmi Celebration'. The Life history of Lord Krishna was shown through a musical drama, which delighted everyone present there. The significance of Janamashtmi is to foster goodwill and to eradicate evil.

#### **IMPORTANT DAYS**

## **Independence Day**

On 15 August, 2019, the momentous occasion 'Independence Day' was celebrated. The school ground echoed with the sound of patriotic songs and mind blowing dance performance of the students. The great 73 year of Independence was rejoiced through patriotic songs and folk dances which were performed with full enthusiasm, zest, rhythm and melody. The chief guest, Fr. Praveen D'Costa, Parish priest of Saint Gonsalo Garcia Church, Bulandshahr was felicitated by Rev. Sr. Principal. The chief guest hoisted the flag and then followed the March-Past. The students were motivated by the inspiring words of the Chief Guest.



were motivated by the inspiring words of the Chief Guest. The object behind celebrating the occasion is to develop love, pride and patriotism among the children and to remember the struggles of all our unseen heroes who sacrificed their lives for the cause of the nation.





5 September, birth anniversary of Dr. S. Radhakrishan was observed as 'Teachers Day' in the school. The students of all four houses presented their beautiful dance, song and other performances. They mesmerised the teachers who were adorned in regional dresses. The school administration organised a short prayer meeting in the chapel followed by a small get-together and token of love. Such a celebration develops a good rapport among the students, the teachers and the school management.

## **Value Based Skit**

On 24 May 2019; the students of Class-IV showcased value based skit. Class IV-A performed on the topic- 'Try and Try Again'. Their ideas revealed that if anyone tries hard, he/she can achieve any goal in life. The students of Class IV-B presented it on 25 May 2019 on the topic- 'Respect Elders'. The skit ended with a message of respecting elders as a divine virtue. The students of Class IV-C performed on 26 April 2019 based on the theme- 'Save Nature'. The skit ended with a



message that we should conserve and protect nature by planting more trees and promoting afforestation. On 02 May 2019; a value based assembly was presented by the students of Class V-A on the topic-'Leadership Qualities'. It was a short skit that conveyed the message-A leader is one who knows the way, goes the way and shows the way. Class V-B had theme 'Generosity'. The skit showed the generous attitude of a couple that helped a little boy in paying his school fees. From 15-17 August 2019, Class VI-A, B and C, also performed value based skits on the topic- 'Importance of Yoga', 'Humanity- A Great Virtue' and 'Caring and Sharing'. The students performed well depicting a message to all. The motive behind this performance is to inculcate values and team sprit among the students. It also helps to build the qualities of humility, strength and honesty in children for being a better citizen of their nation. Class VII-A, B and C had value based skit on 19-21 August on topic- 'Health is Wealth', 'Don't Quit' and 'Value of Time'. The students represented their class in a well defined and perspicuous manner. 2-4 September 2019, Class VIII-A, B and C presented meaningful skits on topic- 'Respect Elders', 'Save Environment-To Save Humanity' and 'Honesty is the Best Policy'. These skits imbibe values in the students that help them to remain upright and support them to walk on the path of virtue and wisdom.



#### **Community Outreach**

On 31 August 2019, five students of Class VIII-A, B and C along with a teacher and Sr. Maria visited *Savio Navjeevan Bal Bhawan*, Aligarh, where destitute and orphans are taken care and brought up with love & empathy. They also visited *Missionaries of Charity*, an *Ashram* meant for physically and mentally challenged people, who are ignored and neglected by their families. A sum of Rs. 10,000 each was provided generously at both places from the money contributed by the students for the less privileged.

#### **COMPETITIONS**

#### **Inter-House Competitions**

On 30 April 2019, Class IX and X had English Speech and Hindi Extempore, Class VI-VIII had 'Extempore'. On 6 May 2019, Class VI to VIII had Collage Making and IX and X had Poster Making Competition. Hindi Solo Singing Competition was held on 31 July for Class III-V on topic- Patriotism. In the month of August from 9-14 various competitions were held, such as; 'Mime Show' for Class VI-VIII, Solo Singing for Class IX-X. On 6 September, for juniors (VI-VIII) there was One Act Play Competition on topic-Laughter-A Curtain Raiser to Happiness, and for senior students (IX-X) there



was *Kavi Sammelan* on topic-'*Bhrashtachaar'* (*Exploitation*). The students of the winning Houses were awarded with certificates during the school assembly. These competitions provide an opportunity to the students to expose their ideas, skills and competitive spirit.



## **Inter-Section (Games and Sports)**

From April-August, various inter-section sports and matches for boys and girls were conducted from Class III-X. The students actively participated for the victory of their section in the events like; Table Tennis, Chess, Badminton, Tug of War, Kho-Kho, Races (Simple, Crab, Sack, Calculation, Penguin, Three Leg, Matchbox and Relay), Volleyball, Cricket and Basketball. The winner teams were awarded with certificates. Such events develop a healthy team and competitive spirit among the students.

## **Inter-School Competitions**

On 23 August, 2019, the school represented at St. Anthony's Senior Secondary School, Hauz Khas, New Delhi, on the occasion of Mother Pia Memorial. Many inter-school competitions were organised there at different levels. Class IV–IX students participated in it. In Doddle Making Competition Anjali Nagar of Class IX-B stood first and got a trophy along with a certificate and Anaswara Sai of VIII-C got participation certificate. In Contemporary Dance Competition Ridhima Minocha of Class V-B and Tinjal Chandel of Class IV-B got participation Certificate.



## **Slogan Writing**

On 26 August, a Slogan Writing Competition was organised in which Class VII-A students participated, who made various beautiful frames adorned with slogans based on 'Nationalism'. The students' participation reflected their love and great concern for the country.

## Rangoli

Class VI and VII had Rangoli Making Competition on 20 August 2019 on theme- Mathematical Designs. The students prepared very innovative and beautiful Rangolis which displayed their skill in arts and creativity.





## **Instant Food Making**

On the same day i.e. 20 August, Class VIII-X had Instant Food Making Competition. The students prepared delicious dishes which were judged by the team of expert teachers.

#### Kavi Sammelan

On 21-22 August 2019, Kavi Sammelan was organised for the students of Class-VIII in the school premises. Its topic was "Patriotism". The students came up dressed in tri-colour attire as poet and poetess. They recited poems of well-known poets with full enthusiasm. It developed an atmosphere of nationalism in the school campus.



## **Class Bulletin Board Competition**



We had bulletin board competition in the months; April-September 2019. Group wise, the students exhibited a different theme every month. In the month of April from Group I- Class I-II; Class I-B, Group II- Class III-V; Class V-A, Group III- Class VI-VIII; Class-VIII-A and Group IV- Class IX-X; Class IX-B stood first. In the month of May from Group III; Class VII-B and Group IV; Class IX-B stood first. In July month, Group I; Class I-B, Group II; Class III-B, Group III; Class VII-C and Group IV; Class IX-B stood first. In the month of August from Group I;

Class II-B, Group II; Class V-B, Group III; Class VII-A and Group IV; Class IX-A stood first. And in the month of September from Group I; Class I-B, Group II; Class V-B, Group III; Class VII-C and Group IV; Class X-A stood first. The winning classes (Group wise) were awarded with a certificate in the morning assembly. Its main objective is to develop creativity and competitive spirit among the students.

#### **IMPORTANT EVENTS**

## Labour's Day

On 1 May 2019, Labour's day was organised in the school campus. Labourers, –Rickshaw pullers and School Ministerial Staff were invited in the school as the guests. Class II students performed a well organised programme in front of them. The guests of the day were given refreshment and gifts by the school management. The students learnt that labourers are an integral part of our society; we must respect and be polite to them. We honour them time to time to develop their trust towards the most privileged.



### **Constitution Month**



Constitution Month Celebration started from 2 August 2019. Various programmes were conducted, such as; Skit Displaying Transferring of Power, Pandit Nehru's Speech, Dances, Revoking of Article 370, Presentation and Explanation of the Key Words of Preamble, Patriotic Songs, Comprehension of Ideals and Principles-justice, liberty, equality and fraternity, Poem Recitation, Human Chain, etc. All the students' performances were appreciated during the entire process of celebration which ended on 30 August 2019. The winners of various competitions were awarded accordingly.

#### Swachhata Pakhwada

Month of September 2019 started with Swachhata Pakhwada Mission related to Swachh Bharat Abhiyan started by our Prime Minster, Mr. Narendra Modi, being inspired by 'Father of our Nation' Gandhiji. Swachchta Pakhwada Mission went on for fifteen days. The entire school actively participated in various activities performed by different classes. *Swachhata Shapath Day* was held on 2 September. During the school assembly, whole school took oath to take initiatives to keep our environment clean and green. The second step to mission was *Swachhata Awareness* 



Day, which was conducted on 3 September with speech and motivating ideas by the students and the teachers for keeping the environment clean. On 4 September, a rally was organised with slogans and placards creating awareness for cleanliness by the students of Class VII and VIII under the supervision of a few teachers starting from the school through Lalla Babu square and back to school. Green School Drive was held on 6 September, under which the students were informed about the realms of green environment. Watering of plants was done by the students of various classes. Also, information about Blue, Green and Red Dustbins was shared with students. They were also informed about biodegradable and non-biodegradable products. It was followed by Hand Wash Day on 8 and 9 September when the students were guided by the experts how to wash their hands properly. Swachhata Hi Sewa was held on 11 September. And last but not the least, Letter Writing Day was conducted on 14 and 15 September, in which a majority of students took part in favour of this drive. This fortnight celebration imbibes the importance of cleanliness among the students who have volunteered to keep their school and surrounding clean, pollution free and safe.

