

Etiquette is defined as the customary code of polite behaviour in society or among members of a particular profession or group. I quote the words of Clarance Thomas – "Good manners will open doors that the best education cannot."

In my opinion in this fast changing world, the rules of etiquette and grooming styles are undergoing a rapid change. Learners as young as for years can be conditioned for exhibiting so called appropriate behaviour in public places and even at home. It all begins with good communication and rewarding good behaviour rather than blowing off one's top. Good behaviour needs to be overlooked in young learners.

Yes, at times it does require nerves of steel, but "patience" is the key word if you want to win the game eventually. Children need to be told "what to do", rather than telling them "what not to do". In older children it is advisable to lay rules right in the beginning rather than fretting over it later. So just get them started Right. Respect, Integrity, Grace, Hospitality, and Tact are the care etiquettes that a person must possess to be appreciated and adored.

Every Parent envisions that his/her child grows up to be a well – educated and happy human being with good values.

In a team with hand-in-hand we nurture our precious gift of Almighty to bloom with an aroma of divine fragrance to prove themselves an asset for this institution, society, city and country at large.

I further take this opportunity to bring forth another edition of 'Sparkles' to enrich and aspire the parents with the experiences of the students and the endeavours of the school management.

May God Bless you All

Sr. Daisy Principal

STUDENTS' SHOWCASE

Science Zephyr 2015-2016

An Inter School CBSE Science Exhibition 'Science Zephyr' was held on 7 November 2015 in Delhi Public School, Bulandshahr, in which six students from our school as a team participated. They won second prize in the competition. Certificates and trophies were awarded to the students of the teams.

The participants had prepared Energy Efficient House, Solar Bulbs, Bio-fuel. All the models were highly appreciated. Science Zephyr provided a ground to students to show their true potential.





ART AND CRAFT EXHIBITION

"Originality and innovation is all in the hands of Sparkling Nirmalarians.

Move on..... ""

The art and craft exhibition was held on 21 November 2015. The exhibits of class I-V made new and ambitious claims for the public significance of decorative art. The exhibition on the theme "Best Out of Waste" was a source of inspiration to the parents.

The beautiful art work left the spectators mesmerized. Various art work - paper folding, clay mouldings, thumb impressions were on display.

The students used innovative and eco friendly ways to make use of waste items.



IN THE LAPS OF ALMIGHTY



Prayer Meeting

The Universal solidarity movement stresses personal transformation prior to all school activities. It challenges and invites people to live with a positive and optimistic attitude. Every person needs constant alertness to nurture and develop positive thoughts and attitudes to create a better world; a world of universal solidarity and peace. Every month the students conduct USM prayer meeting altogether in their respective classes. They light candles, sing devotional songs and hymns, take action plan and show transparency of the amount - love offerings and literate India money collection.

Inter Religious Prayer Meeting

During school assembly, on 31 October, 2015, some students, teachers and the principal held inter religious prayer meeting with the lightening of the lamp. The students and teachers read the scripts from the Holy books - The Geeta, The Quran, The Guru Granth Sahib and The Bible. The rhythm of the holy songs and readings created a divine and pious environment in the temple of learning.

USM Week Celebration

USM week celebration 23-27 November 2015 once again attached and joined the entire school with Fr. Varghese Alengaden's mission and movement 'TO BUILD A CIVILIZATION OF LOVE'. Prayers, scriptures' readings, five paths of self-transformation, action plans, value based skits, encouraging speech, patriotic songs and dances were the main attractions of these five days celebration.



ALUMNI MEET

The Third Alumni Meet was held on 6
December 2015 in Nirmala Convent
School, Bulandshahr. The meet started
with a welcome speech followed by
lightening of lamp by the principal Rev.
Sister Daisy and alumnae of 1990 batch.

Sr. Daisy blessed the alumnae with her motivating words. She praised their

achievements and blessed them for their bright future. The occasion was graced by more than 200 alumnae and their family members. Ex-students relived the old memories with their batch mates and shared their experiences.



HEALTH CHECK UP



A health check-up camp was organised under the guidance of the principal Rev Sr. Daisy from 14th December to 16th December, 2015 in the school campus for class LKG - X. The main objective was to create awareness amongst the little children about the various diseases caused due to climatic changes. The examination of general health of children was done by a team of renowned doctors - Dr. Dinesh Kumar (MBBS,MD), Dr. Virendra Garg (BDS), Dr. Rajendra Sharma (MBBS, D.G.O), Dr. Virendra Kumar (MBBS, MS), Dr. Nagendra Tyagi (BDS), Dr. Amit Gupta (MBBS,MS), Dr. Mamta Dinesh (MBBS,MD), Dr. Vijay Sirohi (MBBS,MD,DCh), Dr. D.K. Sharma (BDS), and Dr. Deepti Verma (BDS).



CONSTITUTION DAY CELEBRATION

Nirmala Convent School celebrated the constitution day on 26 November 2015. The day was celebrated with great pomp and show. A special assembly was conducted by the students in which they highlighted the ideals of liberty, fraternity and equality. Rev. Sr. Daisy, the head of the institution read the preamble and led the students to take the pledge and follow the ideals of preamble. A poster making competition was conducted for class VI-X to instil the feeling of patriotism among the students.

On 30 November children from class I-X also took part in online CBSE Essay Writing Competition on constitution day, and many of them also received participation certificate by the CBSE. Similarly, an essay writing competition was conducted by ministry of human resource development of India, which was also held in the school premises for class I-X.

These competitions helped the coming up generations to explore and understand why the constitution is important.





NATIONAL MATHEMATICS DAY

In the memory of our most remarkable mathematical genius, S.Ramanujam, 'MATHS- WEEK' was celebrated with great pomp and show. The programme started with a brief introduction of S.Ramanujam, Many programmes were presented in this week. Students from Class 1-X participated enthusiastically. The programme was divided in different categories. Students of class I-III presented a fancy dress show, class V-VI asked puzzles, class VII-VIII students exhibited glimpses from the life of S.Ramanujam, class- IX students dressed up themselves in different characters of Indian Mathematicians and class-X students participated in quiz competition. In this manner ideas of our great mathematicians were spread and emphasized. The aim of this programme was to help students to imbibe great values like open-minded, self-reliance, self confidence, truthfulness and honesty.



HUMAN RIGHTS DAY was enthusiastically celebrated on 10 December 2015. This is the day on which we take a stack of the progress we are making in our efforts to promote, develop and protect human rights in our country since the dawn of democracy. Class V-C Students represented their views to ensure that human dignity, equality and freedom are permanently entrenched in the lives of the people. They represented their feelings through a mesmerized dance performance "BANDE HAIN HUM USKE". A thought provoking speech was the real essence for the spectators remembering to protect human rights.





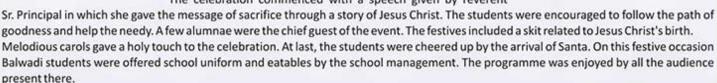
TIME TO CELEBRATE FESTIVALS

Christmas Celebration

"The ringing bells of Christmas, Celebration is at a hoom"

Nirmala Convent School, Bulandshahr had Christmas celebration on 19 December 2015. The students of class fourth and junior primary wing took the opportunity to conduct this programme in the school premises with lots of zeal and enthusiasm.

The celebration commenced with a speech given by reverent





Diwali Celebration

This important festival of Hindus was celebrated on 9 November, 2015 with great pomp and show. Class-X students performed a melodrama on the life of Lord Rama. Many dances and songs reflecting rich cultural heritage of India were performed by the students. The Principal wished 'HAPPY DIWALI' to the whole staff, students and their parents.



CHILDREN'S DAY CELEBRATION

Children's Day was celebrated by the entire staff in the school campus on 9 November, 2015. All the school teachers were divided in three groups. Group-1 comprised of the teachers teaching class LKG-III. The teachers performed beautiful dances on remixed songs 'Old Is Gold.' Group-2 had teachers from class IV-VI, who performed a skit with a dance and carried a message on 'Adult Education', and Group-III comprised of teachers teaching class VII-X, who performed rocking 'Bhangra' and a group song full of hopes and wishes for the children. Everyone in the school premises; especially the children enjoyed the programme presented by their teachers.



OLYMPIADS

Science Olympiad foundation

The oldest & biggest Olympiad in India & abroad 'SOF' enhances the reasoning, logical, analytical and problem solving skills of students in a highly competitive and global environment. It is to motivate students to excel in their CBSE examinations by building a solid foundation. This year Nirmala Convent School organised various subjects' exams on different dates for class III-X, session 2015-16 as per schedule. The 15th NCO was conducted on 8 October, 18th NSO was conducted on 20 October, 2015, 9th IMO was conducted on 26 November, 2015 and 6th IEO was conducted on 28 January, 2016. On the whole 483 students participated in the competitions.

Silver Zone Olympiads

Silver Zone Olympiads were conducted in the school during the session 2015-16 in which many students from each class took part enthusiastically. Different subject olympiads were organised for the students from class III-X. The International Maths Olympiad was on 18 November 2015, The International Informatics Olympiad was organised on 01 December 2015, The International English Olympiad was organised on 02 December 2015, The International S.St Olympiad was conducted on 03 December 2015,

> The International Science Olympiad was conducted on 09 December 2015, Akhil Bhartiya Hindi Olympiad was on 16 December 2015, G.K. Olympiad was on 21 December 2015 and The International Talent Hunt Olympiad was on 21 January 2016.



Unified International Olympiad

Unified Council organised different subject exams on different dates. Unified Cyber Olympiad was on 9 September, 2015, Unified English Olympiad was on 6 November, 2015. The students participated with great excitement.

WORK FOR MARGINALISED

With the thought of providing a sense of belonging to the 'Balwadi' children, Nirmala Convent School, being the addressor of its own legacy maintains its steps towards moral and ethical approach; and establishes its virtue within the boundaries of the required actions and the need of the hour.

Distribution of daily commodities to the lepers took place in the school premises. It filled their lives with joy and happiness. A support to under privileged people filled the pure souls of children with the eternal quality of providing selfless service. Festivals are not the right of the prosperous people only. Imbibing this spirit, Diwali gifts were distributed to Balwadis because happiness knows no standard. Moreover, we also teach our students to be the pillars of social welfare; hence, acknowledge them to helping world by distributing provisions to others in need. All religions stand for the virtues of love, care, charity, fraternity and a greater understanding. Any factor should not lead to their resentment. Favouring this, Christmas gifts were imparted to "rickshaw pullers" who serve the city with the same love.



AN EXCURSION TO DELHI



November 17 - 19, 2015, were the three days for an excursion to Delhi. The journey started from Nirmala Convent School to Science Museum and Akshardhaam with a group of students of class V and X on 17 Nov., VII and IX on 18 Nov and VI and VIII on 19 Nov. The first destination was National Science Museum, a place of enormous knowledge and miracles of science. In all, the museum was divided into five parts. The excursion was started from the water division followed by air, soil, technology and

prehistoric period. This was the tour to India's entire geography and history. The

next place was the Akshardhaam Temple, a place of spirituality, truth and divinity. It was a perfect blend of technology and knowledge. The children enjoyed a digital show based on Lord Neelkanth's life, a boat ride to see rich historical heritage of India followed by a fantabulous and inspirational documentary film exhibiting the selfless sacrifices and ethics in Lord Neelkanth's life that has laid the foundation of Akshardhaam Temple. By 3:00 pm the children were given a break time for lunch, and finally the children visited the temple and then the main attraction 'The laser/musical fountain show'. By 10 pm, the children reached Bulandshahr with many tales of adventure and new thirst of knowledge.

GENERAL AWARENESS

2 November, 2015 was considered as a very important day by the students of Nirmala Convent School. In three different groups, the students along with their teachers and the principal marched enthusiastically with a meaningful approach towards clean Bulandshahr. They picked waste papers & wrappers, discarded poly-bags and other unwanted materials from main road and threw them in dustbins. This was an inspiring programme to awake the spirits of the citizen towards clean and green Bulandshahr.

Under the initiative of the Ministry of Human Resource Development, "School Swachhta Campaign" was launched on

4 November 2015. To inculcate and practice the habit of cleanliness, a drive by the students of classes 6-8 with some of their teachers was reinforced. The students and teachers held brooms, buckets, mugs, dustbins, and cleaned the allotted areas of the school premises.

CBSE vigilance week was celebrated from 26 to 31 October, 2015. It was considered a very essential and mandatory awareness week. 'To fight against corruption' and 'To create awareness' among the students for a peaceful and harmonious life, were the themes of this conduct. The students had debate, slogan writing, and poster making competitions during this week. Also, a street-play was organized at various important places of the city.



A STEP TO COME FORWARD

Value Based Skit Class III-VI

A value based skit encourages children to be respectful. It promotes effective learning and underpins the whole education we cover in school. It encourages children to empathise with people and deal with every day issues through values. In the series of these skits, some value based skits were presented consecutively by three sections (A, B, C) of class III- VI on different dates on the topic-'TRUTH' for class III, 'COMMUNAL HARMONY' for class IV, 'JUDGING OTHERS' for class V

and 'GOD AND POSSESSION' for class VI. These skits gave messages like; truth has power to overcome all obstacles, communal harmony helps in development of a country; a person is known by his deeds and not by his appearance and the last one is, love for money is a root of all kinds of evil.

Saviours

SAVIOURS 11th environment competition was conducted on 17 November, 2015 to sensitise people especially youngsters, students and teachers fraternity about different environmental issues to make life better on earth. It is bilingual annual competition organised in the school campus for the students of

class VI-X. The participants were asked to answer 50 multiple choice questions and one subjective question. Around 118 students of the school participated in this competition. This Competition provides an understanding to the students to establish a balance between nature and humans.

Quiz Club

A quiz was organised on 23 November, 2015 for the students from class VI-X on different topics like sports, games, current affairs, general knowledge and science. The students presented a stupendous performance. All the participants tried hard to outdo others. Also, the Certificates were awarded to the winners.



BALWADI SPORTS DAY AND PRIZE DISTRIBUTION

Apart from the studies, sports are also essential for the students. So keeping in mind, with this view "SPORTS DAY" was held on 30 October, 2015, for the 'Balwadi' children. Various types of races were conducted for them; such as, simple race, one legged race, balance race and knot open race. The students enthusiastically took part in these races. Tug of war was also played by the students which became the highlight of the day. To honour the winners of various races, prize distribution ceremony was held for the Balwadi children. The students who stood first, second and third position were given the prizes so that

others may also get motivated and try their best for the next time.



SPORTS WEEK

Sports Days were also organised on 7th November for L.K.G and 8th November for U.K.G, and class I-X from 16th to 19th November. Children of all the classes participated with full enthusiasm. The athletic events such as; Biscuit race, Simple race, Wheat race etc., and the games like Tug of war, Kho - Kho, Badminton, Basketball, Volleyball etc. were the main attractions of the sports week. All the PTIs and staff members encouraged the children, who really had lot of fun. Prize distribution was done by Sisters and few Teachers.





A STEP BY YOUNG BRIGADES TOWARDS GREENER BSR

"Trees are our best friends - each one plant one"

To create awareness in people of BSR a "Green Bulandshahr" rally was conducted on 4 December, 2015 by the students of classes VI & VIII students of the school. These students marched from school campus to Ansari Road. The students, wearing green caps and holding banners with catchy slogans written on them warned people of the increasing pollution and the need of planting trees and to fight against it. Sr. Principal and class teachers of the respective classes accompanied them too.

INTER SCHOOL BASKETBALL TOURNAMENT

It was red letter day in the calendar of Nirmala Convent School. An Inter- School Basketball Tournament was organised by the school. Seven teams from the various schools: Azad, NCS, DPS, Renaissance, AESS

(Narora), JVM (Anoopshahr), Santosh international school participated in the tournament.

We had the opening ceremony on 9 October, 2015; the chief guest for the occasion was Dr. Vijay Sirohi, a renowned child specialist. The first place was won by Renaissance school, the second by Santosh International School and the third by Nirmala Convent School.

The final matches took place on 10 October, 2015, and for the closing ceremony, the chief guest was Mr. Sunil Kaushik, an International Volley-Ball player, and at present he is the head coach of Delhi Volley Ball team. On the opening and closing ceremony we had small

cultural progamme with few beautiful dances and distribution of trophies, medals and certificates to winners.



STUDENTS' ORIENTATION PROGRAMME

Students' orientation programme for class VIII was conducted on 1 December, 2015 by all the three class teachers. The topic was "power of the Students" Teachers expressed their views on the topic and motivated the students to do something good for the society.

Students were divided in groups and they were asked to enact small skit, based on the topic.

All the three class teachers gave tips to the students to score better grades in the examination, as the topic for the students' orientation programme for class VII was 'the tips to prepare for examination'. The three teachers gave examples and made the

students understand the topic given.

The three class teachers of all the three sections class VI narrated small incidents to show the influence of a teacher on the students' life. Two short films on the theme 'student teacher relationship' were shown to the students through projector and then students were asked to write the reasons why this relationship is not as powerful as it used to be in past.





REPUBLIC DAY CELEBRATION

This is one of the most important National Festivals in the life of every Indian. Keeping its esteemed value and prominence; on 26 January, 2016 Nirmala Convent School celebrated this great day with the spirit of patriotism and concern. The Principal, Sr. Daisy hoisted The National flag, followed by March Past done by the students. Some cultural programmes were also conducted in the honour of this eventful day.



A RECIPE FOR SUCCESSFUL LIFE

The best way to do great work is to love what you do. Success is the achievement of a person's goal or aim in life. If A is a success in life, then A equals X plus Y plus Z (a=x+y+z). Here, x is work; y is play; and z is keeping your mouth shut. The first and foremost things a person should do to accomplish his/her aim in life are to be in discipline and set the goal of his or her interest. Behaviour and etiquettes are the other major determinants that should be followed. Then comes knowledge and hard work which lead to the path of perfection. A person should always be obedient and respect his/her parents, teachers, and elders to get their blessings. There should be confidence but overconfidence and feeling of pride result in the downfall of a person. Meditation helps in increasing our concentration level and tolerance power which is beneficial to keep the mind cool and tireless. One should never lose hope and faith in God. We should never develop a feeling of jealously by other's talents and qualities but should feel happy with whatever we have, and try to imbibe good values of others. These paths should be followed to get a sweet fruit of success in life. It should never be forgotten that success makes life easier; it does not make living easier. So we can say that nothing succeeds like success.

Ambika Bhardwaj (IX - C)

SCHOOL DAYS

The best time ever,
When we played together,
Little kids, we were,
Smiled with sweet tear,
In the playground, unlimited fun,
Scaring everyone with fake gun,
Happy and sad were only feelings,

Didn't ever care about all happenings, Time went away,

And dark shadow says, Now we are grown up, Filled with what's going up, We have a lot of worries,

But still we know, we are the best guys,

Never gonna forget these days, When we'll learn our new ways,

Don't want to think, but I'm gonna miss my school days.

TUSHA SINGH (X - A)

BYE BYE NIRMALA

There is a feeling of pain of leaving this environment, so cool,

There is a feeling of separation of leaving my Nirmala Convent School.

Scoldings and punishments are like the black keys of Piano tunes,

Whereas the times spent with my friends like the white ones are sweet fumes.

The smiles I have passed here, and the tears I have shed,

The answers given correctly and the books not even read.

Are now only memories, but truly very awesome,

These are the things that made my life blossom.

AT LAST I JUST WANT TO SAY:

'THANKS' to each and every teacher,

You are the moulded gold.

'MISS YOU' to each and every

Nirmalarians, You all are the gems.

And together you all make the crown of NIRMALA,

Which is a lifelong gift for me, and I am proud to have it.

Bye-Bye Nirmala,

I'll always miss you!

SUGANDH (X - C)

SCHOOL LIFE

"As a child we always want to grow fast but now when we are ready to explore the world we realize that incomplete homework and broken toys were far better than the world outside" As a child grows so do his tensions and responsibilities.

In school life there are tensions of studies rather I would suggest if we take up studies as daily routines like bathing, cooking etc then we would feel relieved of this tension. In school we have teachers to support and guide us. I agree that teachers care for us and love us like mother. We are taught from beginning that "School is our second home" and now this seems to be true. We always wanted freedom; we used to think it exists. School life is something which we cannot forget though we sigh with the idea that we are going to be deprived from it in the days to come. All the teachers and of course, Sister Principal and all others who have gone away forever and far from us, have left their imprints in our heart forever.

ABHINAY RANA (X - A)

प्रतिभाशाली छात्र - छात्राएँ

9 दिसम्बर 2015 को रेनेंसा स्कूल में अंतर विद्यालय हिंदी वाद—विवाद प्रतियोगिता का आयोजन हुआ था जिसका विषय था <u>'देश हित में गठबंघन संस्कार</u>'। इस प्रतियोगिता में निर्मला कॉन्वेंट स्कूल की दसवीं की छात्रा सिमरन गुलाठी ने द्वितीय स्थान व नौवीं कक्षा के छात्र शोमित गुप्ता ने तृतीय स्थान प्राप्त किया था। दोंनो छात्रों ने स्कूल के लिए विजेता ट्राफी भी हासिल की। इस प्रतियोगिता में सिमरन ने विषय के पक्ष में एवं शोमित ने विषय के विपक्ष में बोला था।

पत्र-लेखन प्रतियोगिता

9 अक्टूबर 2015 को डाकघर कार्यालय मे पत्र लेखन प्रतियोगिता का आयोजन हुआ। जिसमें विरष्ठ वर्ग से अवनी त्यागी; (XA), नमन गोयल (IXC), उज्जवला त्यागी (VII), अरिशा खान (VIIC), तिनशा चौहान (VIC) से व किनष्ठ वर्ग से (IVB) से निशान्त सिंह, जिज्ञासा सिंह (VA,B,C) से प्रेरिका बंसल, उन्नित सिंह, अनुष्का सिंह ने भाग लिया। पत्र लेखन का विषय था, दादा—दादी को पत्र , मेरी प्रिय पुस्तक , विद्यालय का प्रथम दिन व गर्मियों की छुट्टियाँ कैसे बितायी। वरिष्ठ वर्ग में उज्जवला त्यागी ने प्रथम अरिशा खान ने द्वितीय व अवनी त्यागी ने तृतीय स्थान प्राप्त किया। बच्चों को ट्राफी व सर्टिफिकेट देकर सम्मानित किया गया। इस पत्र लेखन प्रतियोगिता का उद्देश्य था। बच्चों में अर्न्तदेशीय लिफाफे पर पत्र लिखने की क्षमता का विकास करना।



गुरु-पर्व आयोजन

"मन्दिर समझो, मरिजद समझो, गिरजा समझो, या गुरुद्वारा निर्मला कॉन्वेंट वह स्थल है, आदर पाता यहाँ हर मत वाला।"

निर्मला कॉन्वेंट स्कूल न केवल साम्प्रदायिक सद्भाव व सर्वधर्म सम्भाव पर विश्वास रखता है बल्कि व्यवहारिक रूप से चरितार्थ भी करता है। यही कारण है कि यहाँ ' दीपावली' हो या 'ईद' ' क्रिसमस ' हो या 'गुरूपर्व ' सब मिलजुलकर हर्षोल्लास से मनाते हैं। 24 नवम्बर 2015 को कक्षा तीन के विद्यार्थियों द्वारा 'गुरूपर्व ' सामूहिक रूप से मनाया गया। सर्वप्रथम गुरूनानक देव के जीवन पर अपना वक्तव्य देते हुए एक छात्रा ने "भर —भर पेट चुगो रि चिड़ियों राम जी की चिड़ियाँ रामजी का खेत'' नामक गुरूनानक देव की शिक्षा पर प्रकाश डाला कि महापुरूष किसी एक धर्म की ही नहीं, वरन समूची मानवता की धरोहर होते हैं। गुरूनानक देव के पिता उन्हें खेत की रखवाली के लिए भेजते हैं लेकिन उन्हें चिड़ियों में भी उसी परमात्मा के दर्शन होते हैं। छात्रा ने बताया कि नानक देव जी के

पिता उन्हें व्यापार करने मेजते हैं किन्तु समस्त घन को साधुओं पर खर्च करने ही सच्चा सौदा मानते हैं। इस अवसर पर नन्हे-मुन्ने कलाकारों ने पंच प्यारे, शबद कीर्तन व नृत्यों के द्वारा सिक्ख धर्म की प्रेरणाओं को पूरे स्कूल को प्रदान किया। अन्त में प्रधानाचार्या सम्माननीय सिस्टर डेजी ने सभी को सिक्ख-धर्म के प्रेरणास्त्रोत 'गुरूनानक देव जी' की जयन्ती की बधाई दी तथा उनकी प्रेरणाओं को हृदयंगम करने की प्रेरणा दी। इस प्रकार हर्षोल्लास के साथ गुरू पर्व मनाया गया।

Nirmalarians at a Glance

