

Nirmala Convent School

Shivpuri, Bulandshahr



Sparkling Nirmalarians Vol. 14 - March 2023

Dear Nirmalarians,

I am delighted to bring greetings in this issue of Sparkling Nirmalarians. It is a matter of great pride and satisfaction to bring out the newsletter 'Sparkling Nirmalarians'.

The school continues to make tremendous progress in all areas- academic, non-academic, capacity building relevant to staff and students. I am confident that this issue of Newsletter will send a positive signal to all of you the readers. A Newsletter is like a mirror which reflects the clear picture of all the activities undertaken by students in particular and teaching faculty in general.

I congratulate the Editorial Board headed by Sir Pravesh Kaushik, who have played a wonderful role in accomplishing the task meticulously.

I express my deep sense of gratitude to every student, staff and parent for your fruitful efforts.

May our Nirmala fraternity continue to grow in knowledge and values, thus spreading the positivity of peace and well-being to our society.

May God Bless You All...!

*Sr. Preetika
Principal*

REMINISCENCE

USM PRAYER MEETING

The Universal Solidarity Movement stresses personal transformation prior to all school activities. It challenges and invites people to live with an optimistic attitude. Every person needs constant alertness to nurture and develop positive thoughts and attitudes to create a better world, a world of universal solidarity and peace.

Every month from October to February, on different dates, the students organised class USM prayer meeting in the presence of their respective class teachers. The students light candles, sing devotional songs and hymns. In the meetings, students discuss on various action plans and five paths of reformation. At the end of every meeting, love offering and literate India contributions were given by the students. It develops a sense of understanding and concern among the students for the mankind.



INTER RELIGIOUS PRAYER MEETING



During school assembly, on 21 October, we had the inter religious prayer meeting organised by some students from different classes and teachers. The Principal, Sr. Preetika gave a start to it with the lighting of the lamp. The students and teachers read the scripts from the Holy books – The Geeta, The Quran, The Guru Granth Sahib and The Bible. The echo of the holy songs and readings created a divine and pious ambiance in the temple of learning. This develops respect for other religions in the hearts of the students and the staff.

PRAYER MEETING FOR CLASS X



On 13 February, the students of Class 10 were invited for a prayer meeting. Prayer began

with the lighting of lamp by the class teachers, Sr. Principal and head girl, Agrima Sirohi. After the prayer service Sr. Preetika presented a short video displaying the glimpses of students' journey in the school, which was enjoyed by the students. The meeting was inferred with the distribution of Admit Cards. This imbibes the importance of prayers and blessings in the hearts of the students.



SPECIAL ASSEMBLY

Students of Class 10 conducted their last morning assembly on 06 February. Prayer song was sung melodiously by Class 10 choir group. Students appreciated their teachers and the school management poetically. Many students shared their experiences and filled everyone with emotions. The students gifted and handed a Canon EOS 1500 D camera as a mark of souvenir to the head of the institution. All this reflects students' sentiments and attachment for their institution. Also, the school management gave an individual



photo frame as a mark of love and fond memories to every student.

FESTIVALS

DIWALI

This important festival of our Nation was celebrated on 22 October with great pomp and show. Equal participation of Class 1 and 9 students made it more meaningful and colourful.

Students performed a melodrama on the life of Lord Rama. Many dances and songs reflecting rich cultural heritage of India were performed.

Sr. Principal wished, blessed and illuminated the hearts of the whole staff, students, and their parents with her message of love and light on the occasion of Diwali.



CHRISTMAS

On 23 December, this great celebration was conducted with lot of joy in the school campus. A short skit followed by angel dance, party dance, jingle bells and Christmas carols depicting the birth of Jesus Christ was performed by the students

of Class LKG to IV. This celebration ended with the distribution of gifts to all as a mark of Diamond Jubilee Year and with the message of love, peace and brotherhood given by Sr. Principal.



HILARITY

CHILDREN'S DAY

The day was celebrated with lots of fun and excitement by the teachers, Sr. Principal and other sisters in the school campus on 14 November. The celebration was acclaimed with amusement and entertainment for the students. It commenced with a prayer followed by group songs, speech in Hindi and English, funny and group dance, skits and many more by the teachers. Sr. Principal addressed the students to become the harbingers of peace and prosperity to the country. She wished and blessed them for their bright future. The students, as audience enjoyed the programme and felt proud to see their teachers performing for them. The event ended with the distribution of chocolates. The students learn and understand that their teachers always try to give their best for their holistic growth.





EID-E-MILAD

Eid-E-Milad-Un-Nabi, also known as Eid-E-Milad, was celebrated on 08 October. This day marks the birth, as well as death anniversary of Prophet Mohammad, so it is also called as 'Barah Wafat'. The day was made memorable with speech, song and quotations. The students appreciate the teachings of the prophet and participate with full zeal and enthusiasm.

GURU NANAK JAYANTI

On 07 November, Guru Nanak's Birthday was celebrated by the students of Class 5. The celebration started with 'Prabhat Pheri', a religious ritual. Glimpses of Nanak's life were displayed, hymns were sung by girls and boys in praise of the Divine Guru. 'Panch Pyare' were the main attraction of the celebration. The school premises echoed with the holy words of Gurubani.



PATRONESS DAY

The day was celebrated on 08 December in the remembrance of Mother Mary, the Patroness of our institution. Class 4 students recalled Mary's motherly patronage, guidance, care and protection by displaying glimpses of Mother Mary's life in the form of a skit followed by prayer song, dance, and short speech. Sr. Principal signified the day with a short message of love and peace and a prayer for the wellbeing of the entire Nirmala family.



REPUBLIC DAY

This is one of the most important National Festivals celebrated in our country. Keeping its esteemed value and prominence; on 26 January, Nirmala Covent School celebrated this great day with

the spirit of patriotism and loyalism. Ms. Sadhana Sharma, along with Sr. Preetika, unfurled the National Flag, followed by march- past done by the students. Some cultural programmes- speech, group patriotic songs, classical group dances by boys and girls were conducted in the honor of this eventful day. Ms. Sadhana Sharma, the special guest of the day gave a brief and inspiring speech which enabled everyone to value the rich heritage of our beloved motherland, India. This develops a sense of nationalism and allegiance among the students.



CELEBRATIONS



ST. FRANCIS FEAST

St. Francis Day was celebrated on 07 October by the students of Class 3. The students expressed the importance of the day through a song, a dance and a skit reflecting the life and teachings of

St. Francis. It was an informative presentation concluded by the motivational words of Sr. Principal. The students and staff learn the significance of the day and enjoy the celebration.



CHRISTMAS FEAST

The school management organised Christmas Feast for the staff in the school premises. Everyone enjoyed singing carols, dance on musical beats and delicious cake followed by savory food. Teachers presented tokens of love to all the sisters. Such table fellowship creates a good rapport between the staff and the management body. The management presented the Diamond Jubilee Memento to all the staff members.



DIAMOND JUBILEE CELEBRATION

MUSICAL CHAIR



This entertaining and recreating activity was conducted on 15 October, on the day of PTM, in which mothers of the students of Class 1 and 2 participated enthusiastically. The subject teachers of the same classes also participated with the same spirit. The winners were given prize. It was a jovial moment for all. This develops a 'good rapport among the parents and the teachers for the holistic development of the students.

TUG OF WAR

On 15 October, another sports event- 'Tug of War' was organised for the parents of the students of Class 3 and 4. The parents, as well as teachers, both were very excited to compete with each other. The entire event left lots of positive vibes in the school premises.



INTER-SCHOOL TOURNAMENT

To celebrate The Diamond Jubilee Year, The school organised 'Tug of War' tournament in two categories on 18 October. For the opening ceremony of the tournament, Dr. Nitesh Kumar Singh (Principal), Azad Public School, was the chief guest. Out of various school teams, the winner and runner teams were B.K. Public School and Nirmala Convent School for both boys and girls categories respectively. The event ended with a beautiful cultural programme adorned by the chief guest for the closing ceremony, Mr. Badal Teotia, Ultra Marathon Runner. By this, students understand each other and develop team spirit and affinity.



3 ON 3 INTER SCHOOL BASKETBALL TOURNAMENT

On 19 October, 3 on 3 Basketball Tournament was carried on. The teams of various schools of the city participated in it. The chief guest for the opening ceremony was Mr. Siddhant Mathur, an IIT, young leader and working with Standard Chartered Bank in Singapore, and guest of honour was Mr. Lakhan Arjun Rawat, a You Tuber. They both are Ex-Nirmalarians, and for the closing ceremony, Mr. Rahul Upadhyaya (DGC, BSR). All the teams played with full enthusiasm. The winners and runners were awarded with trophies and certificates. The students were elated and filled with confidence and fervor at their success.



CLOSING CEREMONY- A GALA



Closing ceremony of Diamond Jubilee Celebration was conducted on 16 December. Mr. Sudhanshu Wadhwa, Sr. Manager, Indian Oil and Ex- Nirmalarian was the chief guest. Mr. Robin Mayank Kasana, Asst. Vice President I.T and Ex- Nirmalarian was the guest of honour. The journey of 60 glorious years of Nirmala Convent School was showcased through a ballet ABHUDYA-THE RISE. All the Ex-Principals, Sr. Superiors, retired teachers and parent alumni were cordially invited. Board toppers of the year were honoured and awarded with mementoes and cash prize. The main focus of the presentation was to apprise diligence and determination of sisters in setting up the institution to this level.



COMPETITIONS

ENGLISH ACTION SONG

This competition was conducted on 17 October. The students were judged on the basis of presentation, rhythm and props. The students of Class UKG took part enthusiastically. Judges were amazed to see the mesmerizing potential of these little ones. Sr. Rose admired the students and encouraged them to volunteer in other academic and non-academic activities too.



BHAJAN

On 17 October, Bhajan Competition was conducted. The students were judged on account of pronunciation, rhythm and props. The students' performance was commendable. These activities help tiny tots avail opportunity to enhance their spirit of healthy competition and participation.





DRAWING AND COLOURING

Drawing and colouring competition on the topic 'Nature' was conducted on 27 December for the students of Class UKG. The students participated enthusiastically with remarkable imagination, ideas and thoughts. Judges were amazed to witness the enthralling potential of these little kids.



STORY TELLING

On 27 December, the competition was held for Class LKG. The students narrated their stories with gestures, proper pronunciation and props. The students develop confidence and encouragement to advance themselves for taking part in school activities that boost their potential and hidden talents.



BULLETIN BOARD

It was held in the first week of every month. This was judged by the teachers or the school administration. The winning classes were awarded with a certificate and words of admiration and appreciation. Its main objective is to develop creativity among the students.

MEETINGS

PARENT TEACHER

Parent Teacher Meetings were regularly held on monthly basis. Mostly syllabus and exam related queries were discussed. Answer sheets were shown and Report cards were handed over to the parents. Also, parents were informed about the performance, behavior, strength and weaknesses of their children. This keeps the parents in touch and acquainted with the holistic growth of their wards.



STAFF

Staff Meeting with the Principal is a regular feature of our institution held usually before or after every Parent Teacher Meeting. This is the time when Sr. Principal discusses certain measures, methods and issues that can make teaching more effective. Also, some important discussions related to events, activities, programmes and many more are also discussed in the meetings to attune with the tentative yearly calendar of the institution.



PARENT TEACHER ASSOCIATION

On 30 December, the PTA meeting was held in which alumni parents were also invited. The members not only had new year celebration in a creative and meaningful way but also discussion on important points-to organise debates in Hindi and English, elocutions and so on, in which one of the judges should be



from the association members. These ideas were considered for the improvement of language skills, discipline and effective communication. It aimed at the entire progress of the institution.



ANIMATION



MOCK PARLIAMENT

The students of Class 7 and 8 enacted parliamentary proceedings on 20 October. They showed how members of parliament discuss issues, bills moved and passed by voting and other personal aspects. Around 40 students participated who created a scene of the real parliament. The aim of presenting the youth parliament was to strengthen the roots of democracy, inculcate healthy habit of discipline and enable students to understand the proceedings of the parliament.



ROAD SAFETY OATH

To provide road safety information and to avoid accidents on roads, Road Safety Month was celebrated all over U.P. Related to the issue, an oath was taken at 11 am on 23 January in the school campus. This initiative was taken under the guidance of RTO and ADM (finance) BSR. Its aim was to aware the students to the rules of road safety, so as to reduce the number of road accidents.



PARIKSHA PE CHARCHA

As per CBSE circular under the heading 'Pariksha Pe Charcha' different activities were conducted. Poster making was for motivating the students to excel in their upcoming exams. Students participated whole heartedly and came up with beautiful and innovative ideas which were uploaded on school website too. A rally with banners was also organised that highlighted the purpose 'Turn Examination Fear into Exam Fest'. HAM (Half a Minute) activity was also organised in which each student had to speak for half a minute on the same topic. It enhances confidence among students and removes fear of exams.



TOURS AND TRIPS

EDUCATIONAL TRIP

An educational Trip to Vishal Garh was arranged by the school under the kind and compassionate administration of Sr. Preetika. The students went in two groups i.e. Class 9 and 10 on 07 November and Class 6 to 8 on 09 November. The students were divided in groups and led by their coach till the end of whole excursion trip. It was adventurous and interesting, where the students forgot all their worries and stress, and revived themselves for their academics ahead.



TEACHERS' TRIP

Fun and entertainment are part and parcel to every individual. Looking forward to the need for recreating the staff, Sr. Principal organised a trip to Chandigarh- Rock Garden, Rose Garden, Sector 22 for shopping, Pinjore Garden, Chowki Dhani. It was a wonderful and mesmerizing experience with Sr. Preetika, who had been very magnanimous and concerned throughout the trip. This refreshes the teachers with new energy, rejuvenating them for their noble task of educating the upcoming generations.



VALUE BASED SKIT

Value based skits were conducted on different dates; on 02 November by the students of Class 8 A on the theme 'Service to Men, Service to God'. Skits and dances were performed by the students who tried to show that God is omnipresent, even in the hearts of human beings. Thus, serving mankind is equivalent to serving God.

On the topic 'Team Work Makes Dream Work', the students of Class 8 B enacted a skit on 04 November, which exhibited the hard work and team spirit of the employees. The students learn to grow from 'You and I to We'. Class 8 C students conducted their



value based skit in assembly on topic 'Ethics of Patriotism'. The students tried to bring out the true meaning of patriotism through a skit. It filled everyone with gratitude and reverence for our Patriots.

ORIENTATION

STUDENTS' ORIENTATION PROGRAMME

Students' Orientation Programme for Class 10 was conducted on 08 December by Sir Anupam Sharma. The topic was 'Career Guidance'. The students were directed to focus on their career and then work out accordingly to pursue their goals. Many examples were given and slides were shown for better understanding. The students were asked many questions, and their doubts were cleared. Such programmes enhance confidence and will power among the students.



CAPACITY BUILDING

On 11 January, an interactive session was taken in the school by the teachers who had already attended the seminar arranged by the school for them. It was based on 'Assumption and Evaluation'- A way to evaluate the real talent of a child. Revised edition of Bloom's Taxonomy was discussed as an effective tool for teachers. It was an informative and helpful programme by which teachers can minimize daily challenges they come across in their classrooms.



FINANCIAL AWARENESS

An informative session was conducted by Sir Imran Suhail Ansari and Sir Anupam Sharma under the kind guidance and support of Sr. Principal on 12 January in the school hall on topic 'Financial Literacy'. The teachers understood different financial schemes, banking schemes and long term investment schemes. It was an interactive session which was made more lively by interesting activities conducted by Sr. Principal. This beneficial and interesting seminar got over with an elucidative video shared by sister.



SPIRITUAL TRAINING

A spiritual training session was conducted on 14 March in the school hall. The resource persons were Mathew Antony and Bernadette. They both retreated the teachers in a simple and lucid way through hymns and video slides displaying the message of peace, importance of forgiveness and how to attain happiness in one's life and the world at large. The melodious action songs enriched everyone with positivity & peace. The activities based on the training programme were fruitful to the teachers to overcome stress.



FUN AND GAMES

FRIENDLY MATCH

Basketball match took place between Class 8 and 10 students in 5th and 6th period on 01 February in the school basketball court. Both teams played enthusiastically. The students of Class 7 to 10, along with their teachers witnessed this event. The students were cheered up. Class 8 won the match.

Similarly, on 16 February during the school hours, a match among Class 9-A, B, C students took place. The winner and the runner teams received chocolates as appreciation for their neck to neck and marvelous performance. Sr. Preetika congratulated all the teams for their marvellous and zealous performance. She inspired the students with her words of wisdom and encouragement.

Also, various sports events- Races (Simple, Ball Collection, Frog, Biscuit and Tug-of-War) for Class LKG-UKG, Races (Simple, Frog, Ready for School and Baton) for Class 1 and 2, Basketball and Races (Simple and Baton Relay) for Class 5 and 6, and Table Tennis, Chess and Tug-of-War for Class 7 and 8. It revives the students with energy and sports spirit.



TOURNAMENT SERIES

6th INTER SCHOOL BASKETBALL TOURNAMENT

It was a historical day in the calendar of Nirmala Convent School. 6th Inter-School Basketball Tournament was organised by the school on 05 November. Teams from various schools participated in the tournament. For the opening ceremony, the chief guest was Ms. Priya P.Dias, the Principal of All Saints School and the guest of honour was Mr. Saurabh Sharma, D.G.M., Delhi Metro. The first place was taken by NCS Team, the host school, and the runner team was Santosh School. The chief guest for the closing ceremony was Mr. Rishipal Singh, Retd. Sports officer, LNCP, Gwalior, and the guest of honour was Mr. P.K.Sharma, Retd. Sports Teacher, NCS, BSR. The opening and closing ceremony commenced with cultural programmes and concluded by the distribution of trophies, medals and certificates to the winners and the runners. The students matured themselves for further sports challenges and felt elated.



VALEDICTION

BIDDING FAREWELL

Like every year, this day adds the flavour of both happiness and sadness; as students move ahead for their career and further studies, and on the other hand, they are bound to leave their loving and caring teachers and school management.





On 03 February, the students of Class 10 were given farewell. Class-IX students entertained the students with songs, dances, skits and many more programmes. Sr. Principal organised a contest with many rounds- talent, general-knowledge and speech for the selection of Ms. and Mr. Nirmalarian. Students were given certificates and mementoes for their exemplary performance in different fields during the session. Such memorable days enhance and boost the students' potential and bring them closer to their alma-mater.

OUTREACHING

FEAST OF ST. FRANCIS

On 03 October, on the occasion of Feast of St. Francis; the school management provides lunch to the ministerial staff in the dance room. All the staff members felt elated as they were honoured by the sisters in such magnanimity. It develops good rapport and understanding among everyone.



TOKEN OF LOVE

On 23 December; the school management not only enjoyed table fellowship with the teaching staff but also the non-teaching staff members. The ministerial staff and more than other 40 people were generously given refreshment and gifted woollens as token of love. This get together and gaiety promote a sense of respect and feelings for all.



VISIT TO DESTITUATES



On 26 December, the school management made a visit to Aligarh to reach out street children who were given provisions by the sisters. Later, a visit was made to Mother Teresa Charity Welfare Centre. These types of programmes help us to connect ourselves with the neglected section of the society and to enroot the feeling of helping, sharing and supporting the less privileged.

A HELPING HAND

On 24 December, the school management generously visited the lepers' colony and the construction site of the school new building to distribute provisions (flour bags and pulses) to nearly 30 families of lepers. These underprivileged were very happy in receiving endowments. They blessed the sisters for their generous consideration. It shows sisters' benignity towards mankind and humanity.



VIDHAYARAMBH

The school organised 'Vidhyarambh Samaroh' on 27 March 2023. The toddlers were welcomed along with their parents. The function was started with the lighting of the 'Holy Lamp of Knowledge' by the dignitaries of the day. The orientation to the Parents was given by Rev. Sr. Zita, an efficient orator, established counsellor and the resource personage.

Sr. Principal acknowledged the guests with her golden words. The students of Class 4 welcomed all the guests with their amazing performances- welcome speech, prayer dance and welcome song. The 'Orientation Programme' by Rev. Sr. Zita was very motivational and influential. Sister guided the parents and directed them the way how to nurture and bring up their children in this scenario with a positive and protective outlook. The programme was a pedagogical demonstration and a brief information to the parents for providing a holistic environment to the new learners. It helps the parents to understand the need of time and face the challenges waiting ahead.





*"In the stillness we become
much more aware of the depth
of God's love for us."*

Mother Seraphina