

Sparkling Nirmalarians

Vol. 1 - 2015

A Half-Yearly News Letter

NIRMALA CONVENT SCHOOL, BULANDSHAHR

"Blessed are the pure in heart, for they will see God" - Bible

As a true follower of Jesus Christ and a loyal daughter of the Church, Mother Seraphina has left behind her a philosophy of education which will continue to guide us for ages to come. In her educational philosophy, she has forcefully and vividly emphasized the relationship between the teacher and the taught, and role played by the teacher in shaping and moulding the personality of the pupils. To quote her, 'One who doesn't know how to educate while instructing, usurps the name of the teacher'. She will always be termed as a mother and a model to be imitated by an educator in any century. She will always be beacon to guide all those who are in the field of education. She has paved the way- 'The Seraphina Way' to God through education.

Pursuing the philosophy of its foundress, Nirmala Convent School aims at helping its pupils to orient all their faculties and all that they do in the field of education-towards attaining the ultimate goal for which God has created man.

Its vision is totally value based and aims at the formation of the human person with respect to his/her ultimate goal and simultaneously with respect to the good of the societies of which she/he is a member and whose responsibilities as an adult she/he will share. Also, it is considered as an effective agent in promoting the integral formation of the child in the Gospel Spirit of love and freedom- a love that excludes no one because of religion, region, race or nationality- in order to shape a just human society where dignity of the human person is upheld, where unjust social structures are challenged, where our culture heritage of non-violence, religious harmony and national integration is cherished, where the poor and the downtrodden are specially taken care of.

Hence, all our efforts oriented to form the students to be intellectually competent, morally sound, psychologically whole, spiritually responsible, growing in friendly and harmonious relationship, imbued with a deep sense of noble values and concern for less fortunate, and ever open to further growth.

In focus of all round development and with a firm belief that teaching is the unravelling of the mysteries of the world around, we try to unlock the creative potential of the young inquisitive minds. It's anticipated to make the quest of knowledge a life-long passion for each and every student, to encourage every child, to discover and enjoy his uniqueness. Meanwhile, we have tried to give our children ample opportunity to have not only a sound academic base but also a forum to exhibit their inherent skills and talents.

The session 2015-16, as usual, a vibrant one with a plethora of activities which were planned and have been executed in accordance with the aim and wish of the school of preparing the students to map out their personality.

The first edition of this News Letter will provide a showcase that displays an active participation of the students in various curricular and co-curricular activities in and outside the school. Also, the institution has taken efforts to avail every opportunity that comes on its way so that the pupil are not devoid of exposure, healthy competition and interaction. The students have brought laurels in various competitions held at Inter-House, Inter-School, Zonal, Regional, State and National levels.

It's wished that this News-Letter would serve as a channel for students, teachers and the school management to air their views, voice their concerns, and is a window through which outsiders can behold what is happening in Nirmala Convent School.

May God bless our endeavours and may this new venture be a successful one in conveying and communicating its objectives and aims, and inspire the young minds at large to go ahead with flying colours.

PRINCIPAL

"Unless we mould ourselves perfectly, unless we daily strive to be holy, we can never lead others to perfection." — Mother Seraphina

Vidyarambh Samaroah

“Vidyarambh Samaroah” was organized on 27 March 2015. It has become an important day for our school as we take the lead of the little kids from parents to our hand. From the welcoming “Tikka”, to the blessing from principal, from holding hands with teachers to writing their first alphabet on “Rice Thali”, we make the entry of kids really a platform for positive growth. On this day, Rev. Fr. Varghese Kunnath not only shared his experience but also recapitulated the parents back to school; emphasizing their importance in their child's education. Various cultural programmes reflected Indian rich cultural heritage, were performed and highly admired when they were presented with the toast of beautiful words from the holy religious books read and imbibed by all.



Learn While You Play

Various teachers from classes I-X organised class wise orientation programmes and shouldered the responsibility of transmitting knowledge and information on the topics selected. In order to make it more interesting, this was combined with group activities, individual activities, slide shows, short video films etc. The lively interaction with students and teachers developed a healthy rapport. Topics like 'Ethics in daily life', 'Career options' were an eye openers & of greater benefit to the upcoming generations. While individual activities led to self evaluation, and group activities promoted team work & cooperation.

A Window To Entertainment Combined With Knowledge



Fun and excitement filled the air with an aroma of ecstasy, when the Nirmalarians were informed about the field trips. This was combined with integrated group activity to make it more interesting and fruitful. The students enthusiastically collaborated with each other and came up with wonderful ideas intermingled with joy and team spirit work.

All students from classes IV - X were taken to study the environment around them- the types of soils, vegetations found in that region, testing the nature of the soil, role of manure and fertilizer, irrigation system, etc. It was a great change for the students from their regular monotonous classes. It was highly welcomed and appreciated by the students of all classes.

श्रम- दिवस

श्रम शब्द से ही तात्पर्य है 'परिश्रम करने वाला' प्रत्येक क्षेत्र में हम देखें तो बिना परिश्रम के कोई भी कार्य सफल नहीं हो सकता। निर्मला कॉन्वेंट स्कूल की प्रधानाचार्या सिस्टर डेजी ने बच्चों को सुरक्षित विद्यालय आना और घर ले जाने वाले रिक्शे वालों को विशेष सम्मान देने के लिए विद्यालय में आमंत्रित किया। अनेक सांस्कृतिक कार्यक्रम आयोजित किए। बच्चे अपने भैया जी को स्कूल में देखकर बहुत प्रसन्न हुए। प्रधानाचार्या जी ने सभी श्रमिकों को पुरस्कार दिये, तथा उन्हें उनके कार्यों की सराहना करते हुए कार्यक्रम का समापन किया।



स्वतंत्रता दिवस



अनेक संघर्षों के बाद 15 अगस्त 1947 को देश आजाद हुआ। इस खुशी के अवसर पर विद्यालय के प्रांगण में स्वतंत्रता दिवस समारोह मनाया गया। छात्र-छात्राओं ने रंगारंग कार्यक्रम प्रस्तुत किए। मुख्य अतिथि डॉ० रुचिर टंडन ने बच्चों का उत्साह वर्धन किया। प्रधानाचार्या सिस्टर डेजी ने कार्यक्रम की सराहना करते हुए समापन किया।



“Example is far more effective than any eloquent precept, because example works miracles.” — Mother Seraphina

Disaster Management Club

The Disaster management club was set up in our institution for the academic session 2015-16. The club has in all 39 members from classes VIII - X. The club has a President, Vice-President and Secretaries who perform various activities & shoulder the responsibilities that come under the work of the club.

On 15 July 2015 the club conducted a school assembly on the Topic; Fire-Causes, precautions and management of serious burns. The various causes that may lead to the outbreak of fire at home, in school and in other surroundings were highlighted. The precautionary methods to be taken to avoid fire were dramatized. The need of the first-aid and the contents that one should have in a first-aid kit to attend to the burns was also explained.



Mock Drill



On 11 August 2015, at 10 a.m., a warning bell was rung. As advised, the children immediately left their classes along with the teachers. The gate leading to the ramp was instantly opened. From all the staircases/ ramp, the children rushed to the ground. There was no stampede or panic to be seen. It was surprising to see that within 2 minutes, all class rooms were vacated and all the children had reached the ground.

APJ Abdul Kalam's Visit To Nirmala

"If you want to shine like the sun first burn like the sun"

On behalf of the entire Nirmala fraternity, a few students of class VII put forth an assembly representation to pay homage and condolence to the 'Missile Man' APJ Abdul Kalam, a scientist and 11th president of Independent India.

He was a team builder, institution builder and a visionary ideal citizen of the country, who had been a source of motivation for men, especially the youth and the students. He himself was a man of impeccable character, indomitable spirit, profound knowledge and firm conviction. On July 28, 2015 grief descended over the nation as India lost her cherished, devout son, Avul Pakir Abdeen Abdul Kalam.

We Nirmalarians were the most fortunate to have Mr. Kalam amongst us on December 17, 2012. It was a grand occasion, when teachers and students were over whelmed. The students performed various beautiful programmes in his honour. A few students got the privilege to have a direct talk with such a great personality. He answered to their queries. Many students contacted him through mail and received answers.



Hobby Club

"Today's life-the only life you are sure of. Make the most of today. Get interested in something. Shake yourself awake. Develop a hobby. Let the windows of enthusiasm sweep through you. Live today with gusto".



Our precious spare time and talent, in a very constructive and creative manner, act as stress busters, refresh us and for sometime, take us in to a world where we all can use our talents in a very elaborate and creative way.

Nirmala Convent School Bulandshahr gives its students an amazing opportunity to improve their talents and spend some of their time on their favourite hobbies through the hobby club – dance, musical instrument, composing poem, drawing, painting, picture album, collection of seeds; coins; flags; stamps; match-boxes, paper folding & clay moulding etc. This also provides them a chance to interact with their teachers, friends and family members.

"We can never give to others what we have not instilled in ourselves in the first place." — Mother Seraphina

Portraying Arts of Nirmalarians

Plastic is an environment hazard. Plastic can neither melt in water nor degrade in soil. It is difficult to get rid of it. So, we should ban its use. Our little Nirmalarians tried to promote **"SAY NO TO PLASTIC BAGS"** by making paper bags in one of their club activities. Many beautiful bags were made by using waste cards, paper and other waste materials. This was a motivational step by our children towards 'stop using plastic bags'.



Inter-House Competitions

Essay Writing

Young minds have young thoughts that can be cropped and developed through our little efforts by motivating our kids to express their views in writing. One way to help that enhances and polishes their writing skills is through an essay writing competition. The competitive spirit in them brought out the best of their writing abilities. Essay writing competition for classes III - V was held on July 28, 2015. The students took keen interest in the event. It was a big success.



English Poem Recitation

The students of class U.K.G & L.K.G participated in English Poem Recitation. All the students came up with their props and presented themselves nicely. The students were very keen to speak in front of the mike. This event provided an opportunity to the children to explore themselves in front of their friends and teachers. This also provided a platform to break their hesitation and also to overcome stage fear.



English Speech

For overall personality development of the student, our school organized different competitions from time to time. One such English Speech competition held in our school on April 25, 2015. This provided an opportunity for students to speak publicly and freely on a given topic of general interest. The students actively participated in this competition.

Value Based Assembly

"Best Moral Booster"

Value based skits are essential to find happiness in the changing world. The school takes steps to develop positive attitude towards constructive ideas and values that are transmitted and dramatized. It creates a greater sensitivity to the needs of others, generating an ethos that is clear and purposeful.

Classes VII and VIII performed beautiful skits with the theme extracted from the contents given in the holy and moral value based books. All the plays carried beautiful messages. The team work of all the classes led to its success and was highly appreciated.



"If one is not well mannered among those with whom one lives, to whom else will she/he be courteous?" — Mother Seraphina

नारी शक्ति

**“हटा दो सब बाधाएँ मेरे पथ की, मिटा दो आकांक्षाएँ सब मन की।
जमाने को बदलने के लिए, कदम से कदम मिलाकर चलने दो मुझको।”**



आज के युग में नारी राजनीति चिकित्सा, विज्ञान, पुलिस, खेल आदि प्रत्येक क्षेत्र में आगे है। अपनी प्रतिभा से नारी ने सिद्ध कर दिया है कि नारी बहुत शक्तिशाली है, अपने अधिकारों के प्रति जागरूक है फिर भी निर्बल क्यों? उनकी निर्बलता को ध्यान में रखते हुए पुलिस विभाग ने नारी की सुरक्षा हेतु कई कदम उठाए हैं। 9 जुलाई 2015 को बुलन्दशहर के I.P.S. श्री कुमार अनुपम ने निर्मला कॉन्वेन्ट स्कूल में आकर बालिकाओं को समझाया कि—

- बुलन्दशहर पुलिस कंट्रोल रूम अब whatsapp पर भी उपलब्ध है। मोबाईल नम्बर—8392958099
- अपनी समस्याएँ (अपराध/ट्रैफिक) पुलिस तक मैसेज/फोटो/वीडियो के माध्यम से फेसबुक पर

Bulandshahr Police टाईप करके भेज सकते हैं। इसके अलावा 100 नम्बर पर कॉल कर सकते हैं।

- कोई भी महिला शारीरिक या मानसिक पीड़ा से गुजर रही है उसको तुरन्त 1090 पर Call करना चाहिए। इस व्यक्ति की पहचान गोपनीय रखी जाती है उसे “Woman Power Line No.-1090” कहा जाता है।

I.P.S के निर्देशानुसार बालिकाओं ने इसको क्रियान्वित भी किया। अगर ऐसे ही बालिकाओं को समय-समय पर निर्देश दिए जाते रहे तो कभी भी वह अपने आप को असुरक्षित महसूस नहीं करेंगी।

जेल परिसर में मना रक्षाबंधन

निर्मला कॉन्वेन्ट स्कूल के छात्र-छात्राओं ने 27 अगस्त 2015 को प्रधानाचार्या सिस्टर डेज़ी, एवं सिस्टर सरिता तथा कुछ अध्यापकों के साथ जेल परिसर में जेल अधीक्षक श्री वी० के० सिंह, जेलर श्री राजेन्द्र सिंह तथा कैदी भाइयों के साथ रक्षाबंधन का पावन पर्व हर्षोल्लास से मनाया।

इस कार्यक्रम को आयोजित करने का प्रयोजन यह था कि हम यह मानते हैं कि हम सब एक ईश्वर की संतान हैं इसलिए सभी भाई-बहन हैं; साथ ही समाज को यह संदेश देना कि हमें अपराध से घृणा करनी चाहिए, अपराधी से नहीं।

इस अवसर पर छात्र-छात्राओं ने मनमोहक सांस्कृतिक कार्यक्रम प्रस्तुत किया। छात्राओं ने ‘आया रक्षाबंधन को त्यौहार’ गाकर तथा ‘भईया मेरे राखी के बंधन को निभाना’ गाने पर नृत्य प्रस्तुत करके वहाँ उपस्थित सभी को भाव विभोर कर दिया। तत्पश्चात प्रधानाचार्या सिस्टर डेज़ी ने सभी को रक्षाबंधन की शुभकामनाएँ दी तथा सिस्टर डेज़ी और सिस्टर सरिता ने जेलर श्री राजेन्द्र सिंह तथा जेल अधीक्षक श्री वी० के० सिंह दोनों को रक्षा सूत्र बाँधा। सभी छात्राओं तथा अध्यापिकाओं ने भी कैदी भाइयों को राखी बाँधी। उस समय अधिकांश कैदी बहुत भावुक हो रहे थे। जेल अधीक्षक श्री वी० के० सिंह ने भी कैदियों को संबोधित करके कैदियों को अतीत को भुलाकर नई शुरुआत करने के लिए प्रेरित किया।



Visit To Orphanage

“Devotion towards Humanity”

A memorable and heart touching visit to an orphanage was conducted on September 1, 2015, where a few Nirmalarians along with sister Chitra and Sir Karanveer visited Savio Navjeevan Bal Bahwan, Aligarh. Here, the children were kept whose parents either did not accept them or those who did not have parents at all. These children were picked up and brought by Rev. Fr. Jose Akkara from public places such as roads, railway-stations etc. After providing elementary education, these children are sent to English Medium Schools for their higher education.

After that the Nirmalarians proceeded to Mother Teresa Ashram where physically and mentally challenged people, rejected by their family members, are taken care of. The school provides a generous hand by contributing some amount to both the institutions in order to seek a noble step for mankind.



Teacher's Day

“One of the main tasks of an educator is to study the character and abilities of each pupil, guide them with firmness and natural tenderness on the path of truth and goodness”.

Teacher's Day has been a great celebration in Nirmala Convent School, Bulandshahr. Every year, students with great enthusiasm and zeal take part in celebrating this day on the birthday of Dr. Sarvepalli Radha Krishnan.

Nirmala Convent School acknowledges the role of teachers in shaping the future generation. The vision of

the foundress, “the office of a teacher undoubtedly is as noble as it is formidable. Such an arduous and lofty mission calls for an

innate disposition, extraordinary qualities, a special vocation..... the more one understands her/his duty, the more good a teacher can render to the suffering of humanity,” is implemented through the teachers. It's their passion and commitments towards the students that have helped produce individuals of substance and quality.

On this day, school students dressed up like their teachers and taught their juniors, the same way as their teachers do. This brought out a healthy interaction between students and teachers.

The students extended their sincere gratitude to their teachers, for being an influential part of their life. Some of the usual activities performed on this occasion were dances, mimicry, games, competitions, thanks giving etc.

Teacher's Day has always been important day for those who value their teachers and are thankful for their valuable support and assistance, in making their life worthwhile.



STRETCHING ARMS OF NIRMALARIANS

“Cleanliness is next to Godliness!!”

Neat surrounding helps to concentrate more in our work. This concept is taught to kids from the early years of their life. After admitted in the school, a child needs the facilities of sanitation and hygiene as equal as the quality of education and child friendly environment. Our little 'Nirmalarians' step forward towards this wonderful step of making their surrounding clean and healthy. Children of primary classes had 'SANITATION DAY' as their club activities. All the children from different classes enthusiastically took part in this activity.



“What a splendid spectacle is a pupil spick-and-span from head to foot! For the exterior cleanliness indicates interior purity.” — Mother Seraphina

Respect Woman

She loves you the most,
And cries when you are lost,
She is and will remain the best of all,
She is the mother of a baby who crawls.
She cares for so much,
And wants your gentle touch,
Sometimes she plays the role of Hitler,
But before that she is your sister.

She resides in your heart,
And is your life's part,
For her you are the universe,
She is cute and loving daughter.

She always trusts you,
With her closed eyes,
She can't survive without you,
The most loving is your wife.

These all roles are played by women,
Then why are they disregarded by men,
They are aware of their rights,
Then why don't they fight?

It will be hard for you to survive,
Without a woman in your life,
As there will be no one to hear your cries,
And no one to bear the pain of lies.

A woman plays many roles in your life,
As a mother, sister, daughter and wife,
Keep yourself in place of her,
To know how much pain she bears.

So, I request you to please respect women,
Otherwise a day will come with no woman.

YASHI SINGH
XB

प्रकृति एक वरदान

प्रकृति एक वरदान है तू
जिसके हैं कई रंग,
सूरज उगता और डूबता है
तेरे संग-संग,
मोर नाचते हैं, चिड़ियाँ चहचहाती हैं,
जन्म लेता है एक नन्हा फरिश्ता,
खिलती हैं फूलों की नई कलियाँ
जब होती है वर्षा।
प्रकृति एक दरिया है, जिसमें डूब रहे हैं इसके नजारे,
आसमान में चमक रहे हैं न जाने कितने सितारे।

AKANSHA RANA
XC



Kids' Creativity



"It is through the spirituality of education that knowing can become profoundly an act of community building." — Mother Seraphina

Nirmalarians at a glance....



Website : www.nirmalaconventbsr.org

E-mail : school_nirmalabsr@yahoo.com

Contact No. : (05732) 234208