

*“it is not just enough to supervise the pupils, or be with them; one’s whole heart must be there for the children.”*

*Mother Seraphina*



## **Nirmala Convent School**

Shivpuri, Bulandshahr

22-2-2020



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**Mother Seraphina**  
**Foundress CFMSS**

**NCS/GEN/CIR/1-2020**

Dear Parents,

The role of technologies in enabling, empowering and enhancing learning cannot be underrated. However the last two decades have witnessed a mind boggling surge in the evolution of new technologies causing an unavoidable update in the methods and processes of tools used for learning. Technology has opened wider opportunities for search, assimilation, integration, storage and synthesis of knowledge with increased opportunities for analytics and creative thinking; it has shifted several paradigms of classical learning tools and situations.

But there is a flip side too.....

The task of parenting is becoming increasingly stressful and difficult for a lot of parents. Children are exposed to all sorts of things everyday on television, the internet and other sources. Smart phones are fuelling a “bedroom culture”, with online access for many children becoming more personal, more private and less supervised. Although most children who are online view it as a positive experience; many parents and teachers worry that immersion in screens is making children depressed, creating internet dependency and even contributing to obesity. We all are aware of cybercrimes and gullible children can fall an easy prey to it.

In the last 10 years in particular I have noted that this generation spends more time on gadgets than other activities including school, family, sports and even sleep. I have noted among other things a dramatic drop in attention spans, a decline in reading levels and an inability to stick with a difficult task. A student comes to school but his involvement in the topics of latest phones, watches or bikes available in the market is very high than his involvement in the books.

We often see parents blame television programs, internet, movies, social media etc. We all know that children learn from everyone and everything around, so it would be unfair to hold a single factor responsible for their behaviour.

Then shall we ban social media use altogether for children? It is unlikely to be a successful strategy in the long term- social media is not going away. Instead we need to better understand the relationship between social media use and a young person’s character and moral values. Technology has a ripple effect. You cannot separate values, ethics and technology- what happens is one will influence the others.

Technology can’t be discouraged because our kids will need the skills in the future, they already do in the present. Parenting is not about shielding our children from tools of the world but equipping them to use these tools properly. Research has shown that quality time spent with family, friends and teachers plays a pivotal and even more important role in promoting an idealistic learning and healthy development of children.

We have to delve deeper into the problem because social media is not going away. It is clear that the online environment is a moral terrain which requires successful exploration.

How can we raise a good child- one who will do the right thing, even when no one may see them do it and when there may be no reward?

While there is no guaranteed formula (if only), here are some ways parents can build good character and help their child grow into a good citizen-

- Inculcate good values in your children from a tender age. Do not wait till things get out of hands.
- Spend more time with your children and do not leave them to be brought up by maids.
- Do not compensate your absence from their lives with money.
- Teach your teen how to communicate, interact and respond to others in a polite and kind manner.
- Guide them towards habits and behaviour that promote positive character traits like kindness, generosity and empathy for those who are less advantaged or who need help.
- Be engaged (involved) without overdoing it. Attend Parent- Teacher Meeting regularly to discuss how your child is doing in class.
- Parents should monitor children’s media diet for both duration and content and guide them to develop good reading habits.

- Better let the children sit in public places when they are on devices or laptops, look over shoulders, check text message histories and set Parental Control.
- Never let child watch TV or have iPod, phone during meal because that is the time child shares his school day's activity.
- As parents you should behave as you would like your children to behave.

At last I sum up as Shakespeare once said, and I paraphrased "Nothing is either good or bad but thinking makes it so". Media and digital devices are an integral part of our world today. The benefits of these devices if used moderately and appropriately can be great. Keep a face to face upfront and don't let it get lost behind a stream media and technology.

## **PRAISE THE LORD!**

### **Please Note**

- It is compulsory for all the students to attend classes from the very first day. If found absent without prior permission, their names shall be struck off from the school rolls. The students who are regularly late to school will not be permitted to attend classes.
- Punctuality is to be observed by all the children.
- Only the students of VI to X are permitted to come to school independently by bicycle.
- No student is allowed to come by scooter / motor cycle / moped etc.
- The school authorities will not be responsible for the students who are roaming outside school campus after the school hours, for any reason whatsoever. In case of delay in the conveyance, the students may remain within the school campus. Hence, you are requested to instruct your ward accordingly. (Please arrange the conveyance within 10 minutes of the final bell).
- You need to ensure that your daughter / son comes to school in clean, neat and proper school uniform and with a decent hair cut / hair style.
- It's strictly mandatory to send your ward with proper Tiffin to school daily.
- Only steel lunchbox and steel water bottle are allowed and they must be labelled.
- The school shall not allow any relative or neighbour to pick up the child during school hours. In case of any emergency, the child will be sent through a guardian with an authorisation letter duly signed by the parents with their mobile number. No one else will be entertained.
- Except during PTM, parents are not allowed to visit the classroom or meet teachers without prior permission of the office-In charge.
- You are requested to submit an application beforehand whenever your ward is absent from school.
- Both the parents must attend all the Parent – Teacher Meetings to become aware of your ward's growth and development.
- Write the full address, mobile number and emergency contact numbers in your wards' school diary. If you change the mobile number(s), you may correct the number in the school diary and inform the class teacher.
- No parent/guardian is allowed to enter the school with a polythene/ plastic bag, which is strictly prohibited in the school campus.
- Active participation of the parents is sought in the events- yoga session, games and sports, aerobics, orientation programmes, seminars and so on, which are organised by the school management to follow CBSE norms and to develop a rapport between the school authorities and the parents.
- No child will be allowed to go home in between the school hours. If it is urgent, only then after the Interval the child will be permitted to leave the school and not before.
- Parents must give time to their wards, share their happy and joyful experiences, encourage them to spend time with grandparents and other elders, since, a family is the first school for a child. Also encourage your ward to play outdoor games and speak in English for a bright future.
- Nurture your wards lovingly, politely and gently; imbued with moral values. Also, teach them to respect all elders; Mother Earth and its resources because we need to mould them into respectful, dignified persons.
- **Those who like to apply for T.C. may do so latest by 20 March 2020.**

#### **Result will be declared on the following dates in the Pre- primary classes-**

LKG – UKG	-	5 March	7:30 am	-	9:00 am
I – II	-	6 March	7:30 am	-	9:00 am
III – IV	-	7 March	7:30 am	-	9:00 am
V – VI	-	9 March	7:30 am	-	9:00 am
VII – VIII	-	10 March	7:30 am	-	9:00 am

**Kindly abide by the timings given, as the teachers will not be available later, due to the commencement of Board Exams in our Institution.**

- ❖ Book list will be displayed on the notice board of Pre-primary building on the same day of result at 2:00 pm.
- ❖ Class VIII-X will have 2 hours special classes from 16 March, 2020.  
Timing 07:20 am – 09:20 am.

**New session commences on 1 April 2020**

*With Prayerful wishes and God's Blessings*

**Sr. Daisy  
Principal**